

# ISEN International Society for ECT and Neurostimulation

## Online ECT Certificate Course October 5-6, 2024

### Intended Audience

Since its development in 1938, electroconvulsive therapy has remained a crucial part of the psychiatrist's armamentarium in the treatment of major mental illness. Continued research has resulted in numerous refinements in treatment technique. Recommendations in the last decade regarding optimal practice have included important new ideas regarding patient selection, stimulus dose titration, and outpatient maintenance strategies. The International Society for ECT and Neurostimulation (ISEN), in accordance with its mission to promote the safe and effective use of ECT, commissioned a task force in 1997 to study the training and credentialing of clinicians in this treatment modality. As a result of this task force, this full-day course on ECT, with exam, was developed. This course has been developed for psychiatrists, other physicians, and nurses involved in the administration of ECT.

### Objectives

At the conclusion of the course, participants should be able to

- identify the indications for electroconvulsive therapy and appropriateness of patients,
- evaluate patients to determine appropriateness for unilateral or bilateral treatment,
- understand stimulus settings for present ECT devices,
- identify and manage common ECT complications,
- develop effective continuation and maintenance treatment strategies for patients with recurrent illness.

### Continuing Education Information

This activity provides continuing education credit for physicians and psychologists. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the collaboration of AffinityCE and ISEN. AffinityCE is accredited by the ACCME to provide continuing medical education for physicians.

AffinityCE designates this live CME activity for a maximum of 7 hours of *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AffinityCE is approved by the American Psychological Association to sponsor continuing education for psychologists. AffinityCE maintains responsibility for this program and its content. The instructional level of this activity is intermediate. The cost to participate in this CE activity is included in the activity registration fee.

Nurses and other health professionals can receive a participation certificate that states that this activity provides *AMA PRA Category 1 Credit(s)*<sup>™</sup>. This may be used for continuing education credit. Please consult your accrediting organization or licensing board for their acceptance of this CE activity.

Lecture and skill sessions will give attendees sufficient time to complete the course objectives. However, ISEN does not certify the competency of any individual.



# ECT Certificate Course Agenda

Saturday, October 5, 2024 (page 1)

Start	End	Session
9:45a ET	10:00a ET	<b>Event Log In and Opening Remarks</b> Richard Jaffe, MD
10:00a ET	11:00a ET	<b>Patient Selection, Preparation, and Management in ECT</b> Richard Jaffe, MD
11:00a ET	11:15a ET	<b>Break</b>
11:15a ET	12:15p ET	<b>ECT Adverse Effects and Their Management</b> Richard D. Weiner, MD, PhD
12:15p ET	12:45p ET	<b>Break</b>
12:45p ET	3:00p ET	<b>The Use of Anesthesia in ECT</b> Georgios Petrides, MD <b>Decisions in the Course of ECT</b> Sohag N. Sanghani, MD



# ECT Certificate Course Agenda

*Sunday, October 6, 2024 (page 2)*

Start	End	Session
10:00a ET	11:00a ET	<b>Skill Session   EEG</b> W. Vaughn McCall, MD, MS
11:00a ET	11:15a ET	<b>Break</b>
11:15a ET	12:15p ET	<b>Skill Session   Patient Preparation</b> Charles H. Kellner, MD and Amy S. Aloysi, MD, MPH
12:15p ET	12:45p ET	<b>Break</b>
12:45p ET	1:45p ET	<b>Skill Session   ECT Devices</b> C. Edward Coffey, MD and Joan Prudic, MD
12:45p ET	1:45p ET	<b>Breakout Session   Nursing in ECT</b> Donna Ecklesdafer, MSN, BSN, RN and Paula Bolton, MS, CNP, ANP-BC

## ONLINE CERTIFICATE EXAM

*Participants may begin the one-hour multiple choice exam at their convenience as early as October 6<sup>th</sup> @ 1:45p ET, but no later than October 12<sup>th</sup> @ 11:59p ET.*



# ECT Certificate Course Faculty



**AMY S. ALOYSI, MD, MPH**

Associate Professor of Psychiatry, Director,  
MSHS ECT Program, Icahn School of Medicine  
at Mount Sinai  
New York, New York

**PAULA BOLTON, MS, CNP, ANP-BC**  
*Nursing Subcommittee Co-Chair, ISEN*

Program Director, Psychiatric  
Neurotherapeutics Program, McLean Hospital  
Belmont, Massachusetts

**C. EDWARD COFFEY, MD**

Affiliate Professor of Psychiatry and  
Behavioral Sciences, Medical University of  
South Carolina  
Charleston, South Carolina

**DONNA ECKLESDAFER, MSN, BSN, RN**  
*Nursing Subcommittee Co-Chair, ISEN*

Neuromodulation Clinic Manager, Pine Rest  
Christian Mental Health Services  
Grand Rapids, Michigan

**RICHARD JAFFE, MD**

*Course Director*  
Clinical Associate Professor (Adjunct),  
Psychiatry, Temple University School of  
Medicine  
Philadelphia, Pennsylvania

**CHARLES H. KELLNER, MD, DFAPA**

Professor Emeritus, Department of Psychiatry  
and Behavioral Sciences, Medical University of  
South Carolina  
Charleston, South Carolina

**WILLIAM V. MCCALL, MD, MS**

Professor Emeritus, Department of Psychiatry  
and Health Behavior, The Medical College of  
Georgia, Augusta University  
Augusta, Georgia

**GEORGIOS PETRIDES, MD**

Chairman, Department of Behavioral Health  
and Psychiatry, Trinitas Regional Medical  
Center, RWJBarnabas Health  
Elizabeth, New Jersey

**JOAN PRUDIC, MD**

Clinical Professor of Psychiatry, Columbia  
University Irving Medical Center  
New York, New York

**SOHAG N. SANGHANI, MD**

Assistant Professor, Donald and Barbara Zucker  
School of Medicine at Hofstra/Northwell,  
Geriatric Psychiatrist, The Zucker Hillside  
Hospital, Northwell Health System  
Glen Oaks, NY

**RICHARD D. WEINER, MD, PHD**

Professor Emeritus, Department of Psychiatry  
and Behavioral Sciences, Duke University  
Medical Center  
Durham, North Carolina



# ECT Certificate Course Registration

## Registration

Visit [www.ISEN-ect.org](http://www.ISEN-ect.org) to register online.

All registrants must submit a current copy of their medical license, or practice equivalent, to participate in this event. You will be able to upload such documentation after you register. Trainee and student registrants must verify their status via an enrollment verification letter. Email such documentation to [contact@isen-ect.org](mailto:contact@isen-ect.org). All required documentation must be uploaded to your ISEN account/submitted via email by September 30, 2024.

Registration closes on September 30, 2024. Accommodation of late registrations cannot be guaranteed.

Early Bird Pricing USD	Physicians	Nurses	Students/ Trainees	Other Clinicians
Member	\$1,350	\$495	\$495	\$1,350
Non-Member	\$1,950	\$795	\$795	\$1,950
Regular Pricing USD <i>Starting September 1</i>	Physicians	Nurses	Students/ Trainees	Other Clinicians
Member	\$1,500	\$550	\$550	\$1,500
Non-Member	\$2,150	\$875	\$875	\$2,150

International registrants may be eligible for reduced pricing.



# Important Event Notes

## Refund Policy

A refund of the registration fee, less an \$85 processing fee, will be made when an email-written request followed by an email-written confirmation is received prior to September 5, 2024. Fees will not be refunded for failure to participate. The sponsors of the course reserve the right to cancel or postpone any event because of unforeseen circumstances or insufficient enrollment. In the event of such cancellations, full tuition will be refunded. ISEN reserves the right to refuse registration, or refund registration fees, to any person whose presence has the potential to be disruptive and/or not consistent with the mission and goals of the organization.

## Online Event Format

This online event will be hosted live via Zoom Video Webinar. Webinar login instructions will be emailed to registrants the week of the event. Registrants will have access to program information, including slide sets received from speakers in advance of the meeting, via a password-protected page on the ISEN website. This event will not be recorded. Registrants should plan to participate at the times noted on the event agenda.

## Disclosure of Commercial Relationships

In compliance with the ACCME Standards for Commercial Support, all individuals in a position to control/influence the content of this activity are required to disclose relevant financial interests with any commercial interests and/or non-FDA approved use of a drug or a device that is included in the presentation.

## Enhancing Communication

If you require assistance with hearing or vision to make this conference accessible to you, please email [events@isen-ect.org](mailto:events@isen-ect.org) at least three weeks prior to the event date.